# **Community Behavioral** Health Centers (CBHC)

# Your one stop for mental health and substance use treatment

If you or a loved one needs help managing mental health symptoms or substance use disorders, Eliot is here to help.

By seeking treatment at Eliot's CBHC, you have the resources of the region's leading mental health care available to you. Our multidisciplinary team is comprised of mental health counselors, case managers, recovery coaches, nurses, peer specialists, and family partners. We provide person and family centered support and services wherever and whenever it is needed.

Our CBHCs offer a safe and therapeutic environment for individuals in need of immediate care. You no longer have to wait long hours in emergency rooms to seek the care you deserve. Each patient that walks through our doors will immediately work with a treatment team to create a tailored care plan that addresses their unique needs.

#### **Our Services:**

- Urgent care and emergency behavioral health services
- Crisis stabilization
- Care coordination with primary care
- Individual and family therapy services
- Group Therapy
- Medication Assisted Therapy (MAT)
- Psychopharmacology

## Am I eligible for services?

People with MassHealth are eligible to receive all CBHC services. Children, adults and families with other health insurances or no health insurance can receive urgent and emergency care. If you or your child do not have health insurance, call MassHealth Customer Service at (800)841-2900 to find out if you qualify for MassHealth.

## Can I get help if I don't speak English?

Of course! We have staff that speak different languages. It is important that our staff reflect the communities we serve and effectively communicate in the language most comfortable for our clients. All are welcome here!

#### **Tri-City Area**



95 Pleasant St Lynn, MA 01901

800-988-1111

#### **North Shore**



10 Harbor St Danvers, MA 01923



888-769-5201



# eliotchs.org/cbhc